



## **CLUB BULLETIN**

### **ROTARY CLUB OF DOMBIVLI REGENCY**

#### **01 July 2024 to 05 January 2025**

It has been 6 months, a half way mark for the ROTARY Year 2024-2025 Rotary Club of Dombivli Regency.

It has been an enthralling Six Months and promises to be as stirring for the remaining part. Under the able Leadership of our District Governor of District 3142, Rotarian Dinesh Ji, guidance of District Secretary, the ever-charming Prashant Ambekar and the every helping Assistant Governor Mrs. Radhika Kulkarni, the Club has taken giant strides in achieving the desired goals.

With an aim to assist the needy section of the Society as much as we can, we, at ROTARY CLUB of Dombivli Regency have done Projects in diversified areas.

The Team has done incredibly well in successfully completing all the Projects.

Some of the Projects done are mentioned in this Bulletin.

#### **Sessions on:**

- 1. Talk on Good Touch Bad Touch, Menstrual Myths and**
- 2. Mental Wellness**

The Club carried out Sessions in number of Schools on Good Touch Bad Touch, Menstrual Myths and Mental Wellness

The Total Count of the number of Female Students covered from various Schools is **1994**.

We aimed to educate and empower young girls with the knowledge they need as they navigate this significant phase of their lives.

These were incredibly impactful guidance and awareness sessions.

Interactive sessions with the Girls were held about how menstruation starts, why it happens, and the physical and mental changes that occur during this time.

We also covered essential precautions and introduced various tools to help manage menstruation effectively.

Dr. Arati Dhoot shared valuable insights on mental health, addressing issues like depression and addiction, and offering solutions to overcome these challenges.

Our Club Member's Wives, Mrs. Vineeta Khanvilkar, Mrs. Arati Puthran along with Rotarian Mrs. Arati Dhoot were instrumental in making this Project a great success. They were well supported by Mrs. Shubhada Milind Kulkarni and Mrs. Asmita Gupte.

Yog Asans were discussed and demonstrated by Ms. Shubhada Milind Kulkarni during the sessions whereas Mental Well-being, Peace of Mind was well explained by Mrs. Asmita Gupte.

We sincerely thank School Administration, all the Principals, Teachers and Support Staff of all the Schools.

Our sincere gratitude to the current Chairman of “Rashtriya Shikshan Sanstha” Mr. Sanjay Kulkarni, Ex-Chairman Mr. Prakash Kulkarni and Mr. Shirish Phadke.

Our sincere Thanks also to Mr. Tatya Mane, ex-Corporator and an exceptional Social Worker, Principal Mrs. Deshmukh Madam of Srimati Krishna Devi School, Golvali for their excellent cooperation for the Project.

### **3. Awareness talks on Cervical Cancer Vaccination and 1<sup>st</sup> dose of Vaccination thereafter for Female Students of age group of 9 to 14.**

These Sessions provided crucial information about the Cervical Cancer vaccine, speaking directly to the parents about the importance of this preventive measure.

We conducted multiple sessions in various Schools for Female Students of grade 5 to 9 and their Parents as well. The number of Parent’s attendance was very encouraging.

We did Vaccination there after in Three Schools after the initial Awareness Campaign.

In First School, namely “New Lord English School, Golvali, Dombivli”; 53 Female Students were vaccinated.

In the Second School, “Swami Vivekanand Vidya Mandir, Vishnu Nagar, Dombivli”, 94 Female Students were vaccinated, whereas; on the same day, Vaccination was done in the Third School for 61 Students.

Total **208** Female Student’s Vaccination carried out so far against the Cervical Cancer.

We sincerely thank Rotary Club of Thane Hills especially their President Mr. Harshad Divekar and Mrs. Sucheta Rege who worked tirelessly to ensure that the vaccines reach the needy.

We sincerely thank School Administration, all the Principals, Teachers and Support Staff of all these Schools.

### **4. ROVEX**

- i) Ms. Tanvi Nemade, Jump Rope
- ii) Ms. Bhumika Nemade, Jump Rope

i) and ii) **Ms. Tanvi Nemade and Ms. Bhumika Nemade:**

These Girls have extraordinary achievements in Jump Rope. They are current Limca Book World Record Holders and have won many Medals in Jump Rope Competition. This is a different Sport not as yet by Many in Our Country.

### **5. Nation Builders Award**

- i) Mr. Aman Verma, Coach of Ms. Tanvi and Bhumika Nemade for Jump Rope,
- ii) Mrs. Sarika Mangesh Pawar,
- iii) Mr. Shimpi, Arts Professor.



**i) Mr. Aman Verma:**

He is a distinguished former international jump rope athlete and a dedicated physical educator.

With an impressive career, he has been a 7-time National Jump Rope Champion and a 3-time Limca Record Holder. He also secured a silver medal at the South Asian Championship. Currently, Mr. Aman Verma serves as a coach for the Jump Rope Federation of India. Under his leadership, Team India has achieved remarkable success, winning over 20 medals at international competitions, including the World Jump Rope Championship in Colorado Springs, USA, and the Queens Cup Jump Rope Championship in Thailand. Recognized as the most successful coach in the history of Indian jump rope, he tirelessly works to promote and grow the sport across the country.

**ii) Mrs. Sarika Mangesh Pawar:**

Editor at "Udyog Maitrin", Award Winning Author & Motivation Speaker.

She has completed a number of assignments regarding women empowerment and home-based business programs.

Since last 10 years working towards Women Empowerment and creating platform for micro & small businesses & first-generation Women Entrepreneurs. She has been publishing Magazine which circulates all over Maharashtra, covering business opportunities for Women, home based business, Small Scale business for Women & Youth. She has been conducting entrepreneurship workshops for women like leather bags making workshop. She has been regularly conducting Beauty Parlour Training, Entrepreneurship development workshop, etc. She has been supporting & Providing Platforms for Women's home-made products by arranging exhibitions.

**iii) Shri. Raju Vasantrao Shimpi:**

Drawing Teacher for the past 17 Years at Swami Vivekanand Vidya Mandir Vishnu Nagar Dombivli West. Total Service of 29 Years. Many of his students are highly educated in the field of arts. He always comes up with an Innovative concept Design for Stage Decoration Puraskar Sohala at the Rashtriya Shikshan Sanstha.

**6. Assistance to SRPF Police Training Camp, Balegoan, Narhen, Navi Mumbai**

SRPF Group 11 Camp situated at Balegoan, Narhen which is about 30 minute's drive from Regency Estate, Dombivli.

Examination, Tests for Police Recruitment were scheduled here from 10 July. We were requested if Our Club can provide Tarpaulin for providing shelter to carry out Recruitment Tests in the current rainy conditions.

The Club supplied Tarpaulin to cover the Test Areas.

We thank ACP Shri Lahuraj Sabne Sir, PI Vijay Thakre Sir for explaining us the Recruitment Process.



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About 2000 Candidates were expected to undergo Recruitment Tests from 18 to 24 July 2024.

We are happy that the Club could be of assistance to the Police Force because of whom we can safely venture out in the Society.

### **7. Community Economic Development**

In order to assist the “Specially able kids” at “Ira Gurukul, Andheri”; Rotary Club of Dombivli Regency, ordered 100 boxes of Chocolate Modaks prepared by them during the Lord Ganesh Festival. Project was chaired by Rtn Deepak Puthran. The Kids and Gurukul Management were extremely happy and expressed their gratitude towards the Club.

### **8. Making of Eco-Friendly Ganesh Idol**

Rotary Club of Dombivli Regency and Regency Women Club had jointly organised Workshop on Eco Friendly Ganesh Idol Making.

The Project was carried out under the able guidance of well-known Sculpture Artist Shri Gunesh Ji Adval and his Family.

The Kids with their Parents, Grandparents enjoyed the Making of Bappa’s Murti by their Own Hands.

It’s a different feeling altogether.

Project was appreciated by All Sections of the Society.

AG Mrs. Radhika Kulkarni and CC Mrs. Kirty Vadalkar visited the Workshop and appreciated our efforts.

Media also applauded Our efforts.

### **9. Immersion of Lord Ganesh Idols in Artificial Tanks**

Yet another Year of one of the Flagship Projects “Immersion of Lord Ganesh Idols in artificial tanks”.

The Project is chaired by Rotarian Sachin Mhatre every year.

Club carries out this Project every Year for the immersion of Idols of 1.5 days and 5 Days.

Immersion of 194 Idols done during these 2 days, 8<sup>th</sup> and 11<sup>th</sup> September.

162 Eco Friendly and 32 POP Idols were immersed at this Project Site.

Due to our pursuance since last few years, the number of Idols which are Eco Friendly keep rising.

This is very encouraging for our goal towards Protection of the Environment.

KDMC Commissioner Mrs Indurani Jakhar, MLA Mr. Raju Patil made a surprised visit at the immersion site.

### **10. Yogic Life Style**

On 6.10.2024, Yog Vidya Dham Dombivli arranged an event Yogic Life Style which our Club had co-sponsored.

It was a great success with more than 500 participants attended the event. Hrushika Dharmajyoti Dr. Vishwas Mandlik Gururji was the mentor for today's Event. Well known Experts from various fields of our day to day life, Dr. Medha Oak, Dr. Jyoti Maheshwari, Dr. Vinay Bhole, Advocate Bina Sansare, Shree Nana Kute Sir and Mrs. Sumati Desai Madam were the invitees to guide, discuss about various issues faced by People during day to day life and how Yog assists in effectively resolving these issues. MLA Shree Ravindra Chavan Ji also graced this event with his presence. Our sincere gratitude to Gururji, entire Team of Yog Vidya Dham Dombivli, with special thanks to Sanjay Patil Sir and Nana Kute Sir. If anyone had any doubt whether Yog Asans are possible with Saree, please see the pictures, Yog Asans were performed in Nau Varee Saree.

### 11. Anna Daan

- i) Jeevan Samvardhan Foundation Gurukul located at Thane.
  - ii) Abhyudaya Pratisthan, Sunil Nagar, Dombivli East.
- i) Rotary Club of Dombivli Regency celebrated Dhanteras Yesterday on 29th October 2024 by Anna Daan (Grocery) at Jeevan Samvardhan Foundation Gurukul located at Thane. 48 Girls of various Ages from the Age of 5 to Age of 21 stay at this Gurukul. We were overwhelmed by their Energy, Dedication and Motivation We are very thankful to President Shraddha Bhumankar, Aai Anjali Aadhwade, Mrs. Sujata Madam and the rest of the Staff. They are doing excellent work for uplifting the most vulnerable section of the Society.
- ii) Rotary Club of Dombivli Regency celebrated Deepavali on 01st November 2024 at Abhyudaya Pratisthan, Sunil Nagar, Dombivli East with the Kids from the State of Nagaland studying here at Dombivli by giving Anna Daan. About 23 Kids ranging from age of 9 to 16 stay here and study at Swami Vivekanand Vidya Mandir, Ramachandra Nagar, Dombivli. The Yummy Pav Bhaji, Home Made Gulab Jamun, Sweets brought broad smiles on everyone's faces. Kids from Our Club Members equally enjoyed the evening spent with them. We are very glad that we could be part of the happiness for the kids who stay thousands of kilometres away from their Families.

### 12. Anti-Rabies Vaccination Drive at Regency Estate

Kalyan Dombivli Municipal Corporation conducted Anti Rabies vaccination drive on 19 September 2024 at Regency Estate Dombivli East. Rotary Club of Dombivli Regency assisted Dr. Akole and his Team for vaccination. Number of dogs vaccinated for Anti Rabies on 19th September 2024:



Regency Estate Phase 1: 11 dogs

Near Regency Estate, off Goga Phase 2: 4 Dogs

Regency Estate Garden: 7 Dogs

Near Bldg 22 Regency Estate: 3 Dogs

Regency Estate Dnyaneshwar Society Banglows: 2 Dogs

Total: 27 Dogs vaccinated.

Sincere thanks to Dr. Akole and his Team, Members of Regency Estate for their kind assistance.

### **13. Deepawali Celebration at Abhyuday Pratishthan**

Deepawali Celebration at Abhyuday Pratishthan with about 23 Students from State of Nagaland.

Rotary Club of Dombivli Regency celebrated Deepawali today on 01st November 2024 at Abhyuday Pratishthan, Sunil Nagar, Dombivli East with the Kids from the State of Nagaland studying here at Dombivli.

About 23 Kids ranging from age of 9 to 16 stay here and study at Swami Vivekanand Vidya Mandir, Ramachandra Nagar, Dombivli.

The Kids requested whether we can bring the Fire Crackers for them.

Bursting of Fire Crackers brought broad smiles on everyone's faces.

Kids from Our Club Members equally enjoyed the evening spent with them.

We are very glad that we could be part of the happiness for the kids who stay thousands of kilometres away from their Families.

### **14. Deepavali Bhau Beej Celebrations at Devbandh Mokhada Adivasi Pada**

Rotary Club of Dombivli Regency along with Sahyadri Adivasi Bahuvidh Seva Sangh celebrated Bhau Beej today, 10th November with about 600 Bhaginis and about 200 Bhaus from Adivasi Padas near Devbandh, Mokhada.

President Awardee Smt. Pramilitai Kokad was the Chief Guest for this celebration.

Bhau Beej was celebrated in presence of Management Committee Members of Sahyadri Adivasi Bahuvidh Seva Sangh Vasantarao Sathye Kaka, living at Devbandh from last 45 Years for social uplifting of Villagers, Vice President Vinayakrao Dixit, Secretary Santosh Ji, Prakash Ji, Somnath Ji and others who are assisting Sathye Kaka for more than 20 Years.

From Rotary Club of Dombivli Regency, President Amit Shrikrishna Deshpande along with Wife Mrs. Samita Amit Deshpande participated in this Joyful Celebration.

One of the Donor Couple Mr. And Mrs. Ketki Yogesh Chumble also joined for this noble cause.

We sincerely thank each and every Donor to bring smiles on the faces of these Villagers.

### **15. Blood Donation Camp**

On 01st December 2024, Rotary Club of Dombivli Regency had arranged Blood Donation Camp at Regency Estate Club House Community Hall.





Pleased to share that we had 41 successful Blood Donations.

Very Happy to share that Project Chair Vivek V. Khanvilkar, President Amit S. Deshpande, Secretary Ms. Laxmi S. Sharma, Sargent Mr. Deepak Puthran, Club Members Mrs. Sarika Mangesh Pawar, Mr. Kapil Gupta donated the Blood along with others.

Treasurer Mrs. Renu Agrawal Madam couldn't donate due to Medicines issue.

A special mention and thanks to the Runners from Kalyan Dombivli Runners Group, Team Regency Fighters of Regency Khel Mahotsav and Building No 8, Daisy who had maximum number of Residents donating.

We sincerely thank all Friends who came for this noble cause taking out their precious time.

#### **16. Public Image Seminar: District Event Co-Hosting**

Public Image Seminar "Pratibimb" was held at ROTARY BHAVAN on 04 Aug 2024. The Event was co-hosted by 52 ROTARY Clubs of District 3142. The esteemed Guest Speaker for this Seminar were:

PDG Pinky Patel, Regional Public Image Coordinator (RPIC)

PDG Subhash Kulkarni, Plan Lead - Public Image

Jyoti Rai, RISAO

PDG Dr Mohan Chandvarkar, ARPIC

Dr Lucky Kasat, ADLF

It was an excellent Seminar for creation of Public Image for ROTARY.

#### **17. Membership Seminar: District Event Co-Hosting**

On 30-November, Membership Seminar was arranged by the Rotary Clubs of Dombivli Zone. The Seminar was successful with excellent efforts from all the Rotary Clubs.

#### **18. Screening of Thalassemia: Co-Hosting**

With great pleasure, we share successful camp for Thalassemia Test.

The Camp was arranged at Prakash Vidyalaya Gograswadi, Dombivli East.

140 Students from 5th to 10th Standard were tested.

Rotary Club of Dombivli Uptown was the Lead Club hosted by others.

Our sincere gratitude to All our Fellow Rotarians for making this project a great success.

We thank for successful organization and execution of project to Shree Pathology as well.

We also sincerely thank to the School Principal Bharati Bari and School Trustee Gopal Dubey and the School Staff for their support.

#### **19. Talk on Constitution: Co-Hosting**

Today, 4th of January, at SIA College Gymkhana Road Dombivli MIDC Dombivli.

A lecture was arranged for Talk related to our Constitution. Our Expert Rotarian Mrs. Kirty Vadalkar Madam shared an excellent Presentation explaining Constitution and its importance in our Life to the College Students in a very simple manner.



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More than 100 Students attended the Lectures.

Our Club co-hosted.

Great efforts by the entire Team in organizing.

## **20. Talk on Mobile Addiction, Radiation Hazards and Other Addictions: Co-Hosting**

Today, 4th of January, at SIA College Gymkhana Road Dombivli MIDC Dombivli;

A lecture was arranged for Talk related to Mobile Addiction, Radiation and other types of Addictions. Our Expert Rotarian Mrs. Arati Dhoot Madam shared an excellent Presentation explaining dangers associated with use of Cell phones, other types of Addictions and the ways to get rid of such Addictions. This was the topic which is of utmost importance to Gen Z, College Students.

Rotarian Mrs. Arti Dhoot shared her expertise on Mental Health as well.

More than 100 Students attended the Lectures.

Our Club co-hosted.

Great efforts by the entire Team in organizing.

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